



THE RICE SCHOOL COUNSELOR'S CORNER

October 2023

Monthly Focus

RESPONSIBILITY

Responsibility means being dependable, making good choices, and taking accountability for your actions. A responsible citizen looks out for the well being of others and understands we all have a part to play in making the world a better place. Responsibility might look like getting themselves ready for school in the morning, helping with specific household chores, or helping care for a pet.

3 ways to teach /support responsibility at home:

1. START WITH RIGHT EXPECTATIONS

If you expect little from your kids, you'll get little. If you expect much, you may not get all of what you expect, but you will find that your kids rise to the occasion often.

2. TEACH THE PROCESS STEP-BY-STEP

The next step in teaching responsibility is the actual teaching. Be sure to model your expectations of how you would like tasks completed.

3. GIVE APPROPRIATE PRAISE AND PRACTICE

Be sure to give specific feedback. If your child did an awesome job, make sure THEY KNOW IT!

Healthy Kids Tip

October is National Bullying Prevention Month, a time to focus and raise awareness on bullying. This month's counseling guidance lessons will include ways to PREVENT childhood bullying, PROMOTE KINDNESS, ACCEPTANCE, and INCLUSION within our communities.

Important Dates and Events

- October 12th PSAT for all 8th graders
- October 16th -20th Character Counts Week (the list of activities, attached flyer, and school district attire will be given to your child's teacher and made available on the school website)
- October 18th Unity Day
- October 23rd-27th RED RIBBON WEEK (the list of activities given to your child's teacher and available on the school's website)

Character Counts Week

Character Counts Week will be celebrated districtwide for all grades PK-12th grade October 16-20, 2023. Character Counts focuses on building students' character, social-emotional, and academic skills, while shaping a positive school culture. Please share the attached flyer of activities with your school community. Here is the link to character counts, <https://charactercounts.org/> for more information on this important week.

Responsibility

To do the right thing when no one is looking. If you do or see something wrong, take action to fix it. Admit your mistakes, Be Trustworthy, Be Kind and Dependable. Take care of yourself and others!

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